



## Dear Parents/Guardians



It has been tremendous to see the large number of children coming out each Sunday, the buzz of activity and the increase in those coming out to training on Tuesdays. We have our biggest registration with over 250 athletes registered; including 44 Tiny Tots, 136 in the Under 6 to Under 9 Age Groups, and topped off with a healthy contingent of older athletes.

With such a large contingent of new athletes and families, we do hope everyone is settling in to how the program is run and the events are officiated. We are organising a 'C' grade officials course to provide interested athletes/parents/guardians with the basic knowledge to officiate at Hills LAC meets and assist at Association run events.

How good is the Fresh Fruit donated by the **Hahndorf Fruit & Veg Market**? It has taken a couple of weeks for the kids to catch on that it is available for Free, and with the last couple of meets it has been devoured.

## Events

**'be active' Regional Games** for our Metro Fringe region are being held by Murray Bridge on Sunday November 23. The Regional Games caters for **all** age groups, including Tiny Tots. Details will be emailed once received as to the start time and location. (Note: There will be no meet held at Heathfield).

**Relay Training** is commencing November 16, in preparation for the **IGA State Relay Championships** being held at SA Athletics Stadium on December 14. For details on the event please refer to our [website](#). If your child(ren) wish to participate, please Tash Hortle via email [info@hlac.org.au](mailto:info@hlac.org.au).



## 50's Club

The weekly winners in the first 5 draws of \$50:

Aaron Stahlhut, Sam Sanderson, Belinda Medlow, Ann-Marie Yeates, and Steve Cooper.

It is never too late to join, for further details:

<http://www.hlac.org.au/hills-lac/50s-club/>

## Hills LAC Caps and Hoodies

Hills LAC Caps are now available to purchase from the Uniform Officer for \$20. They will only be available to athletes in the Under 9 Age Group or older.

Hills LAC Hoodies can now be ordered from the Uniform Officer for \$45.



## Jetstar Patches

We have now received the Jetstar patches; please see the Registrar to obtain 1 patch per registered athlete.

The patches are to be worn on the right breast of the Hills LAC shirt.

## Assistance

We are still seeking interest from people to learn the Time-Keeping roles on both the Inside and Outside Tracks. Also, we are seeking interest from people to be a back-up for our Starters – here's your chance to shoot a gun!

Lane marking needs to be maintained ever fortnight. This job takes up to 2 hours to setup, line mark, and clean up. It would be much appreciated if there a 1 or 2 additional people able to perform this task on a rostered basis.

Interested parents/guardian, please contact Stephen Morris.



## Partners

Please support our Partners:

**Complete Auto Solutions:** If you are in the market for a new, used or demo cars from \$5000 no matter what the make and model, please contact **Ben Finnis** on **0411 744 190**, let him know you are from Hills LAC and let him do the work to source your next vehicle. Hills LAC receives \$50 for each car sold.

**Springfield Direct** is an independent grocery business that delivers quality Australian produce that you order online and they deliver direct from the 'field to the family' plate. Order online at [springfielddirect.com.au](http://springfielddirect.com.au) and enter "Hills LAC" in the comments. Hills LAC receives 5% for each order placed.

## Contact Us

Email: [info@hlac.org.au](mailto:info@hlac.org.au)

Website: [hlac.org.au](http://hlac.org.au)

Facebook: [facebook.com/hillsittleaths](https://facebook.com/hillsittleaths).

Twitter: [twitter.com/HillsLAC](https://twitter.com/HillsLAC).