



Vol 2 Issue 1 Nov '15

## Dear Parents/Guardians

Welcome to our new and returning members to the 2015/16 Summer Season of Little Athletics at Hills LAC!

It has been wonderful to see the buzz of activity over the past month on a Sunday at Heathfield as our kids enjoy coming together play and compete in athletics.

With an unusual foggy start for our first meet on Oct 11, we now have a strong list of members, with over 215 athletes registered and still some more that have just done a come and try.

We are looking great summer with new events State Carnivals for Tiny Tots to Under 8s and another for Under 9 to Under 12s, and the State Challenge for those Under 9s to Under 15s not competing in the State Individual Championships.

### 50's Club

Congratulations to the winners in the first 2 draws – David Hutton and Mark O'Malley.

Please help your club raise funds for Electronic Finishing Gates for the Inside Track and purchase a number in the draw for \$50.

There are still numbers available to purchase. Click the [link](#) for more details.

### Uniforms

**ALL** registered athletes to wear correct uniform to **ALL** events held by the Centre and when competing at inter-club or Association events.

Uniforms are available to be purchased at home meets during the summer season.

The wearing of Skins or similar compression clothing with contract stitching is not allowed.

Click [link](#) for further details.

## Assistance Required!

Key Committee positions of **Secretary** and **Team Manager** remain open for nominations; please contact Stephen Morris email: [president@hlac.org.au](mailto:president@hlac.org.au) to register your interest.

Your help at home meets with the Setup/Packup of Equipment and Timekeeping is greatly needed.



## Up Coming Events

### Enfield LAC Interclub Meet, Sunday Nov 8

Our annual interclub meet with Enfield LAC is to be held Sunday, November 8 commencing 9:15am, St Albans Reserve, Chester Avenue, Clearview. There is NO meet being hosted by Hills LAC on this weekend.

We strongly encourage all our registered athletes to attend and enjoy the friendly competition with other kids who enjoy their athletics! Please ensure you wear Hills LAC [uniform](#).

Note: As this is a non-qualifying meet, it counts as 2 attendances for end of season Most Improved Awards.

For details of the event program, refer to the following [link](#).

### Jetstar SA Classic, November 30

The Jetstar SA Classic (formerly PB Day) is an opportunity for all athletes (Tiny Tots to Under 17 age groups) to compete at SA Athletics Stadium in their favourite events. Athletes must have been registered with their centre before 15th November 2015 to participate.

Click [link](#) for further details, including timetable, map, and information sheet. Click [link](#) to register for this event. Nominations Close: 15th November 2015. Entry Fee: \$5.00 per athlete + \$0.50 processing fee.

Please ensure you wear our club [uniform](#). Parents/Guardians will be required to assist with officiating at the event. Our club will be allocated duties based on registrations from our club.

### Whole Kids State Carnival (TT-U8), December 13

The Whole Kids State Carnival is open to all registered little athletes in the Tiny Tots to Under 8 age groups. The Tiny Tots will participate in a Tiny Tots session, while each of the U6-U8 age groups will participate in a set rotation of events, where the athletes will receive coaching in the events. Each age group will be limited to a maximum of 100 athletes.

There will be carnival activities provided for participants to enjoy after their session, e.g. face painting, bouncy castle and much more.

Click [link](#) for further details. Nominations Close: 30th November 2015. Entry Fee: \$5.00 per athlete + \$0.50 processing fee.





## Jetstar Australia

Jetstar Australia is on the hunt for Little Athletics superstars, kids who demonstrate dedication and great sportsmanship. Think you know someone who fits the bill?

To enter, simply upload a picture of your Little Jetstar and tell us what makes them a champion.

#LittleJetstars

[Jetstar Competition](#)

## HEALTH PARTNERS

Health Partners have provided Little Athletics SA with an excellent offer whereby Hills LAC can earn \$100 in athletic equipment when a new family signs up on a Health Partners health insurance plan. There is no cap on this, so there is a possibility of earning a lot of extra equipment for Hills LAC.

For further details and/or to sign your family up, refer use this [link](#).



## Whole Kids

Whole Kids are all about healthy kids and a healthy world. They believe in “unjunking” our lives. Only the finest quality organic ingredients are chosen to make their yummy lunchbox snacks for kids. No artificial colours, preservatives, flavours or other added nasties.

To find out more about Whole Kids and/or to shop online visit [www.wholekids.com.au](http://www.wholekids.com.au)



## KEY DATES

Nov 8 – Enfield LAC Interclub meet

Nov 15 – Nominations close Jetstar SA Classic

Nov 29 – [Jetstar SA Classic](#)

Nov 30 – Nominations close for Whole Kids State Carnival (TT – U8)

Nov 30 – Registrations cut-off for Championship events

Dec 13 – [Whole Kids State Carnival \(TT – U8\)](#)

Dec 18 – Nominations close for State Multi Event Championships

Dec 22 – Hills LAC Xmas Meet

Jan 16-17 – [State Multi Event Championships](#)

Jan 22 – Nominations close for State Carnival (U9 – U12)

Feb 1 – Nominations close for Health Partners State Relay Championships

Feb 7 – [State Carnival \(U9 – U12\)](#)

Feb 21 – [Health Partners State Relay Championships](#)

Feb 22 – Nominations close for State Challenge

Feb 22 – Nominations close for State Individual Championships

Mar 6 – [State Challenge](#)

Mar 18-20 – [State Individual Championships](#)

Mar 27 – Hills LAC Award Presentation / Annual General Meeting

## Coaching

Tuesday's, Heathfield High School Oval  
4:30pm – 5:30pm Jumps and Throws,  
5:30pm – 6:30pm Track

## Officials

Volunteers are central to Hills LAC providing a smooth running meet each Sunday. Whether you want to commit to an Official role for the whole season, or if you're able to help out on odd occasions, we always need more helpers!

What better way to help your Little Athlete develop then to become an Athletics official – and for Level 0 and Level 1 you can do this at home online, just simply sign up and start learning.

Officials are accredited under the Athletics Australia Officials Education Scheme. The scheme concentrates on event groupings and officials are encouraged to be proficient across a number of event groups. All officials are also registered members of the LASA Officials Club.

For further details, including links to sign and register, visit the LASA [website](#).

